School Holidays Activities

Get the kids out of the house every school holidays and discover fun activities including creativity, discovery walks and interesting sessions at the Botanic. Botanic Gardens School Holiday activities will provide children with GREEN time rather than screen time!

Rabbit in the Gardens Facebook Quiz:

24th Mar 2016 - 7th Apr 2016

Win a Rabbit or two??!

A school holiday quiz with a difference!

Starting just before Easter when rabbits are known to be around, photos of ‘Lop’ the Giant Lop Rabbit will appear daily on the Mackay Regional Botanic Gardens Facebook page.

Pick up a Quiz sheet or download a quiz off the website and fill in the places / sites and dates where the rabbit ‘Lop’ has appeared in the Gardens. You might have to visit the Gardens to find the places “Lop” has been spotted in. Just use one of the Garden Guides to help you find the site’s name.

Quizzes are available from Thursday 24th March at the Botanic Gardens or online here. Completed quizzes need to be returned to Botanic Gardens Administration.

Drawn: Thursday 7th April… The most correctly filled out quiz sheet.

“Seeds or Eggs… How to get away from the parents in a time capsule…?”

25th Mar 2016 - 7th Apr 2016

Easter School Holiday activities will be held in the Meeting Room; Mackay Regional Botanic Gardens. 10am -12noon.

Tuesday 29th, Wednesday 30th, Thursday 31st March and the following week on Wednesday 6th and Thursday 7th April 2016.

Find out how… Seeds either float on the breeze, hitch a ride on someone’s hide, cruise the waters of oceans and creeks, explode like a cracker, travel incognito in a birds belly, get captured and hoarded by a hungry marsupial or just drop, plop and roll to a new location away from the parent plants!

Find out about… Eggs in the Gardens, which creatures have laid some and what will come out. Are the parents about?

During the 2 hour session. Children will go on a walk through the Gardens and check out some of seed’s amazing ways of travel and also look for some eggs hidden in the Gardens. Back in the meeting room the children will plant some seeds, decorate a plant pot and look at some of seed’s amazing ways of travel.

Cost $5.00 each

Contact Botanic Gardens 49527300 or email: botanic@mackay.qld.gov.au

School Holiday Activities

Mackay Regional Council Libraries run school holiday activities during every school break for children in Prep to Year 6. Bookings are essential so be sure to enrol your children early to avoid disappointment.

Subscribe to the library eNewsletters and/or follow us on Facebook to stay up to date on current events and event details.

Please contact the library for further information.

PRINCIPAL’S MESSAGE

EXCITING, BUSY and SUCCESSFUL

What an awesome term we have had. Our last newsletter has come around very quickly. Please remember there is no parade on Monday and that we finish school on Thursday. I would like to thank our dedicated staff, wonderful students and positive parents for your support this term and am looking forward to a productive term 2.

POSITIVE BEHAVIOUR for LEARNING (PBL)

All staff completed Essentials Skills for Classroom Management training and I am very impressed with the great work our Positive Behaviour for Learning team has achieved this term.

CROSS COUNTRY

Our Cross Country will be on Monday, weather permitting, commencing at 9:00am.

SPORTS GALA

Our Year 4 – 6 students are travelling to Mackay today to take part in this event. Much excitement from the students on departure this morning.

Enjoy a well earned break. Term 2 commences Monday, April 11th.

Kay Rye

Principal

SEAFORTH STATE SCHOOL NEWSLETTER

Week 8 Term 1 2016

HAPPINESS IS WHEN I SEE OTHERS HAPPY

Desmond Tutu

One of the things that makes Australia so great is the beautiful outdoor lifestyle we have. From beaches, rainforests and rivers, to snow-capped mountains, coral reefs and lakes, we have one of the most beautiful countries in the world.

But the healthy, outdoors lifestyle we enjoy is under threat from rising temperatures and more extreme weather caused by carbon pollution—it only takes a small change in the climate to mess the delicate balance of nature.

That’s why in 2016, people will be switching off to protect the Places We Love!

The Earth Hour is celebrated on the last Saturday of March every year. It is observed from 20:30 to 21:30 hour local time of each place. The day is observed in order to conserve energy and draw the world’s attention to the cause of environmental degradation.

It all started in 2007, with the first ever Earth Hour organized by the World Wide Fund (WWF) for Nature in Sydney. The hour saw as many as 2.2 million residents of Sydney switch off the lights of their homes and offices in order to pledge their support to saving the environment. The trend soon caught on and several other countries participated across the globe in this initiative, which is organized by WWF each year.

At present, there are about 152 countries which actively observe the hour each year.

One of the things that makes Australia so great is the beautiful outdoor lifestyle we have. From beaches, rainforests and rivers, to snow-capped mountains, coral reefs and lakes, we have one of the most beautiful countries in the world.

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HAT PARADE

All parents, family members and friends of students in Playgroup, Prep, Year 1/2 and Year 2/3 are invited to our Seaforth Easter Hat Parade!

Students will be making their hats in class so you just get to come along and enjoy the fun. Each class will be putting on a short performance, showing off their wonderful Easter hat creations and then we’ll be getting a surprise visitor with some chocolate treats, so bring your cameras!

Wednesday, 23rd March. 11:00AM
Seaforth School Library

LAST DAY FOR TUCKSHOP FOR THIS TERM WILL BE ON MONDAY 21 MARCH.

HEAD LICE ALERT: The school office has had a few reports of head lice. Please check your child’s hair.

<table>
<thead>
<tr>
<th>NAME</th>
<th>CLASS</th>
<th>AWARDED FOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grace Doumergue</td>
<td>Prep</td>
<td>For being a respectful, caring and helpful class member!</td>
</tr>
<tr>
<td>Amelia Denman</td>
<td>1/2</td>
<td>For being a responsible student!</td>
</tr>
<tr>
<td>Sophia Casey</td>
<td>2/3</td>
<td>For great writing stamina!</td>
</tr>
<tr>
<td>Bella Hussey</td>
<td>3/4</td>
<td>For being a kind and helpful class member!</td>
</tr>
<tr>
<td>Bree Sinclair</td>
<td>4/5/6</td>
<td>Special Award from Miss Nol!</td>
</tr>
</tbody>
</table>

PLAYGROUP

As Cross Country is now on Monday 21st March, playgroup will not be on. All parents & Monday Munchkins’ kids are welcome to join in the Cross Country. Please make an Easter Bonnet at home for the parade on Wednesday 23rd March at 11:00am.

WANTED

POSITIVE, INSPIRING & MOTIVATED PEOPLE TO BECOME MEMBERS OF SEAFORTH STATE SCHOOL P&C

AGM WEDNESDAY 23 MARCH at 9:00am
ALL WELCOME TO ATTEND
STAY ON AND WATCH OUR EASTER HAT PARADE AT 11:00AM

NATIONAL DAY AGAINST BULLYING 18TH MARCH

This annual day is Australia’s key anti-bullying event for schools and encourages all students to ‘take a stand together’ against bullying and violence in schools, the classroom and beyond.

Dear Parents,

At our school we aim to create a safe and supportive school community for everyone.

Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

1. **Listen** calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they’ve told their story, ask questions to get more details if you need to: who, where, when. Although you may feel some strong emotions about your child’s experience, try to keep calm to avoid more distress to your child.

2. **Reassure** your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, ‘That sounds really hard to deal with. No one should have to put up with that.’ or ‘I’m so glad you told me. You should be able to feel safe at school; that’s not fair at all.’

3. **Ask** your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them find their own solutions is a better option. It helps them to feel more confident.

4. **Visit** www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.

5. **Contact** the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child’s teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child’s safety.

6. **Check in regularly** with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

Thanks for your support to make our school a great school for everyone.

FIRST YEAR PICTORIAL FEATURE – PREPS OF 2016

Our Seaforth State School Prep class photo will be published in the Daily Mercury on Wednesday 23rd March, 2016 as part of their annual “First Year Pictorial Feature”. Make sure you buy a copy of the Daily Mercury on this day so you can see your big Preppie shine!