Administering medication at school
If your child requires staff to administer medication to your child at school, please contact the school office in the first instance to discuss your child’s requirements.

Please note, school staff will only administer medication that:
- has been prescribed by a qualified health practitioner (e.g. doctor, dentist)
- is in its original container
- has an attached pharmacy label.
Office staff will ask you to complete and sign Section 1 of the Administration of medication at school record sheet.
N.B. If your child requires more than one medication, you will need to complete a form for each medication.

Requirements for students at risk of anaphylaxis
If your child is at risk of anaphylaxis, it is important for you to provide the school with your child’s emergency medication and their ASCIA Anaphylaxis Action Plan, completed by your doctor. This Anaphylaxis Action Plan provides the instructions for the school to administer your child’s medication in an emergency, which is specific to respond to their health condition.
If you have any concerns about your child’s health condition, please contact the school office.

Requirements for students at risk of asthma
If your child has asthma and requires assistance to administer their medication, it is important for you to provide the school with your child’s emergency medication and their Asthma Action Plan, completed by your doctor. An Asthma Action Plan provides specific instructions for the school to administer your child’s medication.
We recognise that some students are capable of managing their asthma without adult assistance. If you are confident that your child can confidently, competently and safely self-administer their asthma medication, let the school administration know. The school will record your decision and will not require your child’s Asthma Action Plan. Please note that if your child requires assistance in an asthma emergency, staff will provide Asthma First Aid.
If you have any concerns about your child’s asthma, please contact the school office.

Providing medication to the school
Before you provide the school with your child’s medication, check the expiry date to ensure it is in-date and there is enough for the agreed time period. It is also a good idea to take a note of the expiry date so that you can replace the medication before it expires.

Please note, school staff will not administer medication that you can buy over-the-counter at chemists and supermarkets (e.g. paracetamol, eye drops, cough syrup) unless it has been prescribed by your child’s qualified health practitioner. For example, the school would administer paracetamol to a student only if it has been prescribed by their dentist to be taken for a short time after dental treatment.

School staff are bound by these regulations and we hope that all parents will acknowledge and cooperate with these rules.

It is safer for all students if you can provide medication to the school in person (rather than send medication with the student). If you can’t provide the medication in person, contact the school to determine the easiest and safest approach for the school to receive the medication.

If you believe your child is capable of self-administering their own medication at school, please contact the office to discuss, as this requires approval.

When your child’s medication is no longer required to be kept at school, please collect all unused medication.
Thank you for your assisting the school in keeping our students safe and healthy.

GRIP Leadership Conference
Our four Student Leaders, Jacob, Drew, Zoey and Lavinia along with myself will attend this conference on Tuesday 23rd February at the MECC. The GRIP Student Leadership Conference is unique in that it concentrates specifically on training student leaders for their role as SCHOOL LEADERS. The style, topics, and content of this conference all focus on what the students can do RIGHT NOW. They will be joined by many other student leaders from schools in and around the Mackay area. All sessions include main presentations, interactive activities, discussions, leadership games, entertainment.
We look forward to a recap of this event from our leaders in our next newsletter.

Playgroup
Awesome attendance at our recent playgroup. It is very lovely to see so many young members of our community enjoying our school facilities. Playgroup provides an opportunity for parents and caregivers to get together for a chat also. Playgroup meets at Seaforth State School every Monday from 9am—All welcome. Any inquiries please see Sarah Cowley.
CROSS COUNTRY

Well done to those students who have been training for the cross country. Mrs Nielsen has organised some training sessions to encourage our students to increase their fitness level to endure the length of each course. Our Seaforth State School Cross Country will be on Monday 14th March and I am very pleased with the number of students who are taking advantage of the opportunity to train.

Northern Highway Cluster Schools Team Sports Trials:

A number of trials are being conducted in upcoming months in many sports. If you are interested in attending any of these trials please see Mrs Nielsen for more information. Rugby League is offering trials on 9th March. They are looking for players for their combined trial. These include:

- Date 9th March 3.30 pm
- Venue Hampden State School Oval
- Sport 11 & 12 Year Old Girls Netball
- Sport 16th March 3.30 pm
- Venue Hampden State School Oval
- Sport 12 Year Old Boys and Girls Soccer
- Sport 14 April 3.30 pm
- Venue Hampden State School Oval
- Sport 11 & 12 Year Old Boys and Girls Touch Football
- Sport Tennis TBA 11&12 Year Old Boys and Girls
- Sport Cullen Tennis Courts
- Sport Cricket TBA
- Sport Cricket Combined trial
- Sport August 3rd Girls
- Sport August 4th Boys

PBL - Positive Behaviour for Learning

The Seaforth PBL Team met for the day on Wednesday to work through our 2nd Module which allowed us to develop a Seaforth PBL Action Plan (specific things we have to do to enable our behaviour plan to be successful) and a Behaviour Matrix (this outlines the specific lessons which will be taught to students).

PBL (Positive Behaviour for Learning) is a schoolwide framework for ALL students, staff, parents and the community. The Seaforth PBL plan is designed to facilitate high standards of behaviour so that the learning and teaching in our school can be effective, and students can participate positively within our school community.

At Seaforth State School we will accomplish this by the Explicit Instruction of behaviour based lessons demonstrating examples and non-examples of acceptable behaviour and opportunities to practice. Our school community has identified the following expectations: Be Responsible, Be Safe and Be Respectful to teach and promote our high standards of positive behaviour.