TERM 3 WEEK 7
What a fantastic turn out for the arrival of our Buddy Bench. Our wonderful P&C whipped up a delicious afternoon tea to be enjoyed by the crew from SEA FM and our Bunnings Helpers. Seaforth State School students represented their school with pride and the radio crew were very impressed with our school grounds, our supportive P&C and wider school community, our excellent staff and our well behaved students. Riley and Alex spoke very well when thanking our guests and a huge thank you and well done to Miss Lara for nominating our school. Thank you to everyone in the Seaforth Community supported this project.

We are moving closer to our Attendance target – not quite there yet and our Prep class are still the front runners with the highest attendance rate.

At school this week we are focusing on using our manners if we need to interrupt adults talking.
**Book Week**
Our library has been transformed to an underwater adventure land for this year’s book week. Well done to Miss Sue and Mrs Cahill for the tremendous effort that has gone into this great event. Books are on sale this week in the library.

**Cupcake Day**
Thank you to Mrs Frost who has tirelessly baked cupcakes for our students to purchase in support of Cupcake Day. Funds go to the RSPCA to purchase much needed supplies to keep this great service operating. Students can purchase a cupcake on Tuesday for $1.

**UPCOMING EVENTS**
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>24-28/8/2015</td>
<td>Book Fair</td>
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<tr>
<td>25/8/2015</td>
<td>Cupcake Day</td>
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<tr>
<td>28/8/2015</td>
<td>Premiers Reading Challenge finishes</td>
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<tr>
<td>2-4/9/2015</td>
<td>Fathers Day Stall</td>
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<tr>
<td>14&amp;15/9/2015</td>
<td>Bike Education Yr 4 $25/child</td>
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<tr>
<td>16/9/2015</td>
<td>Amazing Race</td>
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<tr>
<td>20-22/10/2015</td>
<td>Yr 5/6 Camp @ Camp Kanga</td>
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<tr>
<td>10/11/2015</td>
<td>Mackay North SHS 2016 Yr 7 information.</td>
</tr>
<tr>
<td>3/12/2015</td>
<td>Yr 6 Graduation @ Magpies</td>
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**SCHOOL BANK ACCOUNT DETAILS**
Attach your receipt of payment or send me an email stating what you have paid for and who the payment is for. dgil82@eq.edu.au
Seaforth State School, BSB: 064707, Account Number: 00090837

**SCHOOL SWIMMING PROGRAM**
Mrs Frost will be returning money to families whose students did not participate in all/some of the swimming program. Please be patient as it may take some time to complete this.

**YR 5/6 CAMP**
Invoices will be sent home today with the students that are attending camp. Please be aware that we do not offer Bpoint or Bpay as a payment option. You can either pay by cash or direct deposit straight into the school account. If you are paying the cost off, please contact the office.

**BOOKFAIR**
Welcome to our ‘Under the Sea’ book fair, please come visit our library and check out all the hard work your children/grandchildren have been doing to decorate it.

Books make wonderful, educational gifts for children to enjoy reading and get their imaginations flowing. Book fairs are a chance to get new books for our school library as we receive 30% commission of whatever sells in free books for our shelves.

**WHERE:** School library  
**WHEN:** Monday the 24th till Friday the 28th August  
**TIME:** 7:30am - 8:30am and 2:30pm - 3:30pm
Please see me if you need a special time to view the books due to work or other commitments.

**GHANA BEAT MY DRUM**  
*(School Performance Tours)*
Incorporates audience participation, singing, dancing and drumming to leave audiences feeling exhilarated and inspired as well as enlightened in the ways and culture of Africa and more particularly Ghana.

Jonas teaches students words from the local languages, Ga Tui Mzema and Effutu and with their newly learnt words Jonas gets the entire audience participating in traditional call and response songs.

Students learn how many traditional African instruments are made from easy to find natural resources.

Ghana Beat My Drum will be held in the Library on Monday 31st August at 9am. Cost is $6/student, $15/family.

**NEXr TUESDAY 25 AUGUST**
**At First Break**
**WE ARE HOLDING A CUPCAKE DAY FOR THE RSPCA.**
**HOMEMADE CUPCAKES FOR YOUR ENJOYMENT WILL BE ON SALE FOR $1.00**
**There will also be Gluten & sugar free cupcakes available (1 cupcake per student)**

**INDIVIDUAL ACHIEVEMENT AWARDS**

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>For</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>Blaze Moodie</td>
<td>For showing us his awesome number skills.</td>
</tr>
<tr>
<td>2/3</td>
<td>Jillian Newton</td>
<td>Spectacular learning in Maths.</td>
</tr>
<tr>
<td>3/4</td>
<td>Kira Atherton</td>
<td>Fabulous Fraction Queen.</td>
</tr>
<tr>
<td>5/6</td>
<td>Flynn McGill-Schweida</td>
<td>Terrific effort in all class activities.</td>
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</tbody>
</table>
Kane Gillies being a wonderful buddy by teaching a young student handball.

**INSERTS**
- Run for My Life
- Twilight City
- Aquatic Participation Fun Day

**P & C NOTICES**

**NEWS**
Next P and C meeting will be held on Wed 2 September in the school library from 8.45am. All are welcome to attend. Items discussed at previous meeting and items to be discussed at the next meeting are:
- ordering 120 book tubs for each student to utilise in the classroom
- replacing our battery box fundraiser with a closer company
- Organising a working bee
- Stephanie Alexander kitchen
- Amazing race
- School sports shirts
- Swimming Carnival
- Kookaburra Educational Resources

If you are interested in discussing any of these topics, please come along and have your say.

**UNIFORM SHOP & PRICES**
Open Monday and Wednesday 8:00am – 8:45am.
- Jacket (fleecy zip) $20.00
- SSS Shirts - $25.00
- Sports Skorts (new style) - $14.00
- Hats (reversible bucket or wide brim)- $15.00
- Homework folder - $12.00
- Heavy duty chair bag - $11.00
- Pencil case (large) - $6.00
- Library bags - $6.00

**SPECIALS**
Old stock- first in best (& cheapest) dressed.
- 2 x size 10 microfibre tracksuit pants - $15 each.
- 8 x size 12 SSS shirts - $18 each.

**WOOLWORTHS EARN AND LEARN**
From Wednesday 15th July to Tuesday 8th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it’s complete, the Sticker Sheet can be dropped into the green folder here at the school or at Woolworths Mt Pleasant.

At the end of the promotion, we’ll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you’d like to know more visit woolworths.com.au/earnandlearn

**TAI CHI**
Held at the Library every Friday morning from 9am-10am. $5 for the session

**GET YOUR FAMILY ACTIVE AND EATING WELL**
Families in Mackay can now sign up the free healthy lifestyle program called PEACH™ - Parenting, Eating and Activity for Child Health. Registrations are open for a new group to commence in term 4, 2015.

The program is fun for kids and helps parents and carers make healthy eating and activity a part of every-day life. It is available to families with a child requirements. Children born in July 2011 will require primary school principal's approval to enroll in Prep year. All children must fit into one of the following categories:
- **Distance:**
  - their residence is at least 16 km by the most direct route by road from the nearest centre-based service catering to kindergarten-aged children.
- **Medical:**
  - they have a medical certificate stating they are unable to attend a centre-based service for more than 10 consecutive weeks due to their health.
- **Travelling/Itinerant lifestyle:**
  - the child’s principal place of residence is likely to change at least twice during the registration year due to the parent’s work; or the child will have to spend a period of at least 10 weeks, or a number of periods of at least 2 weeks that total at least 10 weeks, away from the child’s principal place of residence during the registration year.

More information can be found at: https://brisbanesde.eq.edu.au/Curriculum/ekindy/Pages/ekindy.aspx
aged between 5-11 years who is above a healthy weight their age and consists of 10 group sessions that run for 90 minutes each.

Topics covered include nutrition skills, reducing screen time and being more active as a family. While the parent sessions are taking place, children enjoy active play with a trained child physical activity facilitator.

What: PEACH (Parenting, Eating and Activity for Child Health) program
When: Term 4, Thursdays 4.30-6pm (weekly)
Where: Emmanuel Catholic Primary School
Cost: FREE

The program is funded by the Queensland government and being delivered state-wide by the Queensland University of Technology.

If you would like more information about the PEACH™ program or to register please contact free call 1800 263 519 or visit www.peachqld.com.au