TERM 1 WEEK 5  
FROM THE PRINCIPALS

KIDS MATTER WEBSITE
This is a great support site for families with resources to assist parents and children. Here is a link to their parent section:
http://www.kidsmatter.edu.au/families/information-sheets/information-sheet-index

It’s a fact that children can be taught how to cope with their emotions, to bounce back from problems, and to develop positive relationships – this is called ‘social and emotional learning’.

It’s also a fact that a child’s family is the first and biggest influence on their mental health. Basically, families can teach children these skills as early as possible in life – even from when they’re babies!

Kids Matter provides families with a range of information sheets to help them support children’s mental health and wellbeing, and to recognise if and when professional help is needed.

They contain practical information, tips, and strategies across a range of common childhood issues, and were prepared by professionals experienced in the area of children’s mental health and development.

JAKE GARRETT FOUNDATION DAY

"It takes a village to raise a child & a village to support a family who has lost a child"

On Friday 27th February our school will be supporting grieving families through the Jake Garrett Foundation.

This foundation has been magnificent in supporting the Staib Family who recently lost a child.

We are asking families to join us by wearing blue free dress for the day and bringing along a donation. Congratulations to the students who modelled what to wear and how much to go all out last week. Some awesome work!

For further information see last week’s newsletter.

Mrs Chappell will donate a $25 EB Games voucher to the best dress ‘Blue’ student.
**NAPLAN PARENT INFORMATION SESSION**
This was today after parade. Anyone who missed it or would like more information, please email me.

Visit the NAP (National Assessment Plan) website for more information:

**YEAR 3 CYBER SAFETY PRESENTATION**
The year 3’s went to Calen district College today to watch the safety Circus presentation.

Safety Circus is a professional, dynamic and engaging production which aims to address three major safety concerns that face the children of our community today.

Sergeant Nigel Dalton says utilising a drama-based mode of delivery has shown to be effective in changing behaviours of young people.

“This is due to the immediacy of live performance and the careful embedding of the key safety messages within the script.”

These three messages are:

1. Protective Behaviours: Safety Networks and teaching we can talk with someone about anything no matter what it is;
2. Bullying and Bystander Behaviour; and
3. Bicycle and non-motorised wheeled recreational toys: the wearing of safety helmets and safety equipment to prevent injury.

**STUDENT RESOURCE SCHEME**
On Wednesday last week we sent home individual student payment information. Please finalise payment as soon as possible. Due by Friday the 27th of March.

**ASSISTANT REGIONAL DIRECTOR – Alan Whitfield**
Alan has changed his visit due to the weather event in the southern section of our region. Alan will be visiting Wednesday 4th March.

**MORE SUPPORT FOR FAMILIES**
**Counselling for families**
Following up for families. A number of families have asked for further assistance with supporting kids and families.

Anglicare is another organisation that provides counselling for families. They ask for a donation but this is done on a sliding scale and based on individual family circumstances. It's self-referral by phoning them on 4953 3444. They are at 39 Gordon Street and open Mon-Fri 9-5.

**CURRICULUM**
This week’s focus is on how to support your child’s literacy and numeracy development.

See flyer attached.

Also for further details regarding the National Minimum Standards for Year 3 & 5 please see:
http://www.nap.edu.au/naplan/naplan.html

**Upcoming events**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>23/2/2015</td>
<td>NAPLAN Parent Information Session 9am</td>
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<tr>
<td></td>
<td>Alison Keeble @ Seaforth Speech Language Assessments 9am</td>
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<tr>
<td></td>
<td>Police Circus Year 3’s @ Calen</td>
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<tr>
<td></td>
<td>Alan Whitfield (ARD) @ Seaforth 1.30pm (date change to 4/3/2015)</td>
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<tr>
<td>26 &amp; 27/2/2015</td>
<td>Rebekkah at Principals Conference</td>
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<td>Mrs Stablum away and has swapped her lessons.</td>
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<tr>
<td>27/2/2015</td>
<td>Jake Garrett Foundation Free Dress (wear Blue) Day</td>
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<tr>
<td>4/3/2015</td>
<td>Alan Whitfield (ARD) @ Seaforth 9:00 – 11:00am</td>
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<tr>
<td>5/3/2015</td>
<td>Annette Chappell at 7 Steps to Writing Success PD</td>
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<tr>
<td>18/3/2015</td>
<td>School Performance Tours @ Seaforth – A Swag of Tales 9am $6</td>
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<tr>
<td>20/4/2015</td>
<td>Term 2 Week 1</td>
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<tr>
<td>12/5/2015</td>
<td>NAPLAN – Language Conventions &amp; Writing</td>
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<tr>
<td>13/5/2015</td>
<td>NAPLAN - Reading</td>
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<tr>
<td>14/5/2015</td>
<td>NAPLAN - Numeracy</td>
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Have a great week!
Regards, Rebekkah & Annette

**INDIVIDUAL ACHIEVEMENT AWARDS**

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>For</th>
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</thead>
<tbody>
<tr>
<td>Prep</td>
<td>Amelia Denman</td>
<td>For being a diligent student.</td>
</tr>
<tr>
<td>1/2</td>
<td>Jade Geiger</td>
<td>For her sensational sentences.</td>
</tr>
<tr>
<td>2/3</td>
<td>Jillian Newton</td>
<td>Top efforts in all areas of school work.</td>
</tr>
<tr>
<td>3/4</td>
<td>Charli White</td>
<td>For magnificent bookwork.</td>
</tr>
<tr>
<td>5/6</td>
<td>Drew-Ellen Wienert</td>
<td>‘Give it a Go’ attitude to all of her school work.</td>
</tr>
</tbody>
</table>
**CROSS COUNTRY TRAINING**

Students who are keen for extra training in preparation for the upcoming cross county events and were born from 2006 onwards are welcome to remain after school on Mondays until 3:15pm to train with myself and any parents who wish to help. This is for students who are keen runners as we will be working hard! J

If you wish for your child to participate you will need to complete the attached permission form and return no later than Friday 20th February.

Roanna Capone-Watson

**GUITAR LESSONS**

Names are still being collated for guitar lessons and a letter shall be sent home soon to let you know the group your child shall be in and the time for the lesson.

Yours

Mrs Rhonda Stablum

**SHAVE FOR A CURE**

Zooper Dooper’s (iceblocks) will be for sale every Wednesday 2nd break. The cost is 50c each. This is to support Ava Wright’s shave for a cure campaign.

**INSERTS**-
- YCDI- Organisation
- Literacy and Numeracy Fact sheet
- P&C- Description of Executive Committee
- Q Schools App

**P & C NOTICES**

**TUCKSHOP**

Parents please note: Tuckshop is changing the money policy.

If the change from your child/ren’s tuckshop is greater than $5, a credit will be added to your child/ren’s name rather than attached to the tuckshop bag.

Ideally the correct monies owing is preferable.

**UNIFORM SHOP**

Open Monday and Wednesday 8:00am – 9:00am

**UNIFORM PRICES**

- Jumpers $20.00 (Sz 6-16)
- Shirts - $25.00
- Skorts - $14.00 (Sz 4-8)
- Hats - $15.00
- Homework folder - $12.00
- Heavy duty chair bag - $11.00
- Pencil case - $6.00

**BUFFSTARS COFFEE**

A mobile coffee café will be at school from 7:45am every Monday morning. Find us in the grass field behind Mrs William’s classroom.

**TAI CHI**

Held in the school library every Friday morning from 9am-10am. $5 for the session.